



2010 Summer Sustainability Internship

Better Farm was founded in 1970 on the principles of the Better Theory—a belief that every experience brings with it an opportunity for exponential personal growth. Through artist residencies, work-shares, educational workshops, and an ongoing commitment to sustainable living and community outreach, we strive to apply the Better Theory to all our endeavors while offering the curious an opportunity to expand, grow, and flourish.

Better Farm's summer internship program runs from June 1 through Sept. 1, with one- to three-month internships available. Internships are available to students interested in a myriad of sustainability issues, with each internship tailored to suit a specific individual's needs and personal goals.

Located 10 miles from Alexandria Bay and the Thousand Islands, Better Farm is situated on 65 acres of property offering an unparalleled rural living experience. There are two lakes within walking distance; an on-site pond; vegetable, fruit, and herb gardens; shop space; open-air sheds for pottery and painting; a multimedia room; and a practice space for musicians.

Interns have the option to visit us during regular business hours Monday through Friday (excepting those interested in participating at farmers markets, held Saturday mornings), or live on-site in shared rooms for a nominal fee of \$250/month. Included with that fee are all linens and towels, laundry access, wireless Internet, on-site parking, and a familial environment complete with nightly sit-down dinners, field trips, and movie nights. Other personal costs such as additional meals and expenses are the responsibility of the intern.

The environment is simple and communal. Interns are expected to do their share in maintaining the condition of Better Farm as well as its peaceful environment. Additionally, all those accepted for internships at Better Farm are expected to work seriously—and to conduct themselves in a manner that aids fellow residents in their endeavors.

Many sustainability specialists will be visiting and living on Better Farm throughout the summer to offer mentoring and guidance to students interested in coming here to work and gain valuable experience.

APPLICATION GUIDELINES

*All applications must be submitted by e-mail to **info@betterfarm.org** by March 1, 2010. Applicants will be notified of their status by April 1, 2010.*

Those interested in an internship at Better Farm should submit a resume and cover letter explaining the student's specific interests in relation to sustainability issues. Also indicate any related experience you have. This is very important, as the staff at Better Farm wants to ensure internships are properly tailored to maximize each student's experience here.

In addition to a resume and cover letter, please answer the following questions (cut and paste the following into a word document and include it with your application):

NAME _____
(Last) _____ (First)
ADDRESS _____
CITY _____ STATE _____ ZIP CODE _____
PHONE _____ E-MAIL _____

I am applying for ___ 1 month ___ 2 months ___ 3 months

___ I am interested in living on-site during my internship, and understand I will be responsible for paying \$250/month for basic amenities.

___ I would prefer to stay off-site and understand I am responsible for making those arrangements.

If applying for one or two months, please indicate your preferred month(s). If applying for two months, check two boxes, i.e. June and July:

___ June ___ July ___ August

Please check the following activities that most closely resemble your interests:

___ Permaculture

___ Organic small-scale farming and gardening (including but not limited to: planting methods, choosing the proper crops for one's environment and soil, weeding, fertilizing, non-pesticide approaches to controlling pests, laying out a garden, canning and freezing methods)

___ General farm management (including but not limited to: operating a roadside stand, tending to and caring for small livestock such as chickens, hefty participation in weekly farmers markets, organizing CSAs, research and management, bookkeeping, and grounds work)

___ Alternative building (greenhouses constructed with recycled materials, teepee construction, treehouses, green home renovations, bat and bee houses)

___ Rain and graywater collection

___ Community outreach (art classes, hiking, clean-up days)

____ Organic cooking
____ Other (please specify): _____

Please provide two references.

REFERENCE 1

NAME _____ PHONE _____

E-MAIL _____

RELATIONSHIP TO YOU _____

REFERENCE 2

NAME _____ PHONE _____

E-MAIL _____

RELATIONSHIP TO YOU _____

*All materials must be submitted to **info@betterfarm.org** by March 1!*